



Getting to the heart of the matter through the pulse of the ministry

August 2011

It's On Our Hearts...



Dear Ladies of New Life Church,

We hope you are enjoying a wonderful summer filled with a slower pace, time with family, perhaps some travel, and especially sweet times with the Lord. With fall around the corner and the arrival of school supplies in the local stores, we feel that excited flutter of anticipation as to what God has planned for each of us this fall. Our Leadership Team is very excited to announce our 2011-2012 ministry year plans in this edition of *The Heartbeat*. We have a diverse line up of Bible studies on Tuesday mornings and Wednesday evenings, as well as ministry teams that would love to have you join them in their various activities and ministries. We also will provide three Seasons of Life opportunities, our traditional Celebrate the Gift outreach evening and we are very excited to announce that we will be offering a winter retreat!! Details of these events are yet to be completed, so this would be a perfect opportunity for you to get involved on one of these planning teams.

Please read through this edition of *The Heartbeat* and ask God to show you where He might be calling you to serve and where He is drawing you to study His Word so you can know Him better. Our theme this fall is Jeremiah 15:16 which teaches us to delight in God's Word. We believe that God uses our sisters in Christ to encourage and exhort each other as we seek to glorify Him in our lives. Isn't it wonderful that we aren't on this journey alone?

We will be at the Women's Ministries table at the fall Ministry Fair between services Sunday, August 28st to answer questions and receive registrations for fall Bible studies and Ministry Teams. We will also host a table on the Sundays following the Ministry Fair.

If you have any questions, please contact any member of our team. And, Lori Robey in the church office is always ready to provide assistance.

We look forward to seeing you this fall!

In Christ,
Cheryl Engstrom, Evelyn Heinrich, Jill Kirkwood (Coordinator),
and Lori Robey



Children's Ministry: Volunteers Needed

On Tuesday mornings during the Women's Bible Studies, each woman participating in a study serves together with her group on a rotation schedule in the Children's Ministries. It has been a joy to see women share the ministry to our children. We plan to form a team of women this coming fall who will help with various areas of the Children's Ministries such as:

- Preparing craft ideas for children.
- Providing stories or Bible lessons (simple curriculums are available as resources!)
- Welcoming mothers each week and assisting with baby carriers, coats, etc. as they come in the door.
- Assisting with scheduling, and reminding group leaders of their ministry day with the children.

By having a team, and each woman doing a part, women can also enjoy the Tuesday Bible study of her choice if she desires as well. We are also praying for regular volunteers to care for children on a weekly or monthly basis. Would you consider this as your ministry? Lori Robey at 651-757-4172 or lorirobey@newlife4u.org



Tuesday Morning Fall Bible Studies - Beginning Sept. 13, 2011

To register for Bible Studies:

Call Lori Robey at 651-757-4172 or lorirobey@newlife4u.org • On-line registrations at www.newlife4u.org

Children must be registered in advance for childcare.

2011-12 Theme/Verse:

Delighting in God's Word

Your words were found and I ate them, and Your words became for me a joy and the delight of my heart; for I have been called by Your name, O Lord God of hosts.

Jeremiah 15:16

The Epistles:

Galatians, Ephesians

God's Word: Electrifying! Enlightening! Enriching! Exciting! This will be a study using God's Word directly as the text. A weekly worksheet will be completed together as a group for the first class, then you will have the opportunity to do further study on your own each week. Learn and apply how to study the Bible and hear from the Lord. You will learn to tuck the Word into your mind for recall as you face times where that passage is needed.

Foundations:

A Blueprint for Building a Relationship with God

Wondering about how to let God into your daily life? Looking for a fresh start in your walk with the Lord? In our Christian life, each of us has a need to be grounded with a solid foundation for our faith. The themes we will study in this Foundations course include: Relationship with God, Cultivating a Relationship with God, Communicating with God - Prayer, Listening to God - Bible Study; Investing in Eternity, Sharing the Good News. If you've never been in a Bible study before, this is a great place to begin and bring a friend!

Freedom for Mothers/Restore My Heart

You will take a journey into God's Word to discover the fullness and freedom you can experience as a woman and as a mother. You will find the source to fill your "love bucket," recognize common mothering traps and deal decisively with self-defeating habits. Based on John 15. *Restore My Heart* study will follow and will explore God's Word in this penetrating six-week Bible study about Christ's love for you and His invitation to become His bride. Discover truths of incredible love deeply embedded in ancient Jewish customs and wedding traditions. Experience His desire to lavishly adorn you with precious gifts.

Joshua: Conquering Your Enemies

Precept Upon Precept

God said, "Be strong and courageous! Do not tremble or be dismayed." Increase your faith in God who has put you in His grip and will never let you go! This study will charge you up and encourage you to press on! How many people do you know that will stand boldly for what they believe regardless of other people's opinions? Where are men and women who trust God in the midst of trials and conflicts? Are you one of them? The Book of Joshua tells the story of one man who was strong and courageous - a man singled out by God to lead his generation to victory and holiness. Students will discover that God called Joshua to fulfill His plan even in the midst of struggles and oppositions. How did he stand in the face of opposition? Where did he turn during trials and conflicts? What did he know about God that gave him the strength and courage he needed to be victorious? Consider how this knowledge can change your life! This study has 7 lessons and will be taught one lesson over two weeks.

The Joy of Prayer:

Author, Dr. Alvin Vandergrind

The exciting sequel to the best-selling *Love to Pray*, this 40-day devotional will take you deeper into your prayer journey. Each day's reading unpacks a vital truth about prayer from Scripture. In *The Joy of Prayer* you will discover that:

- Prayer is the pathway to joy.
- God still speaks today, and we can hear Him.
- Prayer is a mighty weapon in defeating Satan.
- The Father, Son, and Holy Spirit pray with us.
- God takes pleasure in the prayers of His people.

Marriage without Regrets:

Offered Tuesday mornings for women and Wednesday evenings for men & women. Description on the next page.



Tuesday AM Fall Studies: *Beginning on Sept. 13, 2011*

Marriage Without Regrets:

Precept Upon Precept

This is not a how-to book on marriage! This foundational Precept study takes a biblical look at the creation of men and women, the first marriage, how the fall affected their relationship, and God's plan for roles of husbands and wives. Group members will learn to identify cultural lies and how to live obediently to God's Word. Marriage reflects Christ and the Church, so how we live out our marriage can be a powerful testimony to those around us. A marriage without regrets doesn't mean a perfect marriage; it means that two imperfect people who are surrendered to living the way God directs, can truly stand before the Lord and know that they had a marriage without regrets. Group members will learn straight from God's Word what God says about love, submission, communication, sex, money, jobs, divorce and remarriage. This is an excellent study for single and married women in all phases of life and is a great mentoring tool for anyone who has a younger woman in her life. This study will be taught one lesson over two weeks.

An additional short study is being considered for later in the fall or early winter.

To register for Bible Studies:

Call Lori Robey at 651-757-4172 or lorirobey@newlife4u.org.
Children must be registered in advance for childcare.

International Study:

International Bible Study:

Tuesday Mornings 9:30-11:30 AM at the home of Mercy David. Our study will be on 2 Samuel and will continue through the Bible. We have been working through the books of the Bible beginning with Genesis several years ago. This group meets at the home of Mercy David, 9425 Hillingdon Rd., Woodbury, MN 55125. For more information call Mercy at 651-735-2282.

Wednesday PM Fall Studies: *Beginning on Sept. 14, 2011*

The following short studies will be offered in the order listed. The first study will begin on Sept. 14, 2011. Join one or all!

Becoming a Woman of Simplicity:

This study by Cynthia Heald will help you discover a God-centered life in the midst of a chaotic world. In a culture that pulls women in multiple directions at once, is it possible to adjust priorities, reexamine your time management, and reduce your busyness in exchange for what is truly important--becoming like Jesus?

Becoming a Woman who Loves:

Jesus loved unconditionally, passionately, and sacrificially. How can we possibly love as He did? And what does such love look like? This study explores the incredible nature of Christlike love. Discover how to be sure such beautiful love resides deep within your soul and how to let it flow more freely to others as you become more like Jesus.

Becoming a Woman of Faith:

This study offers a much more realistic perspective for today's Christian woman. You'll see yourself in author, Cynthia Heald's personal struggles to walk in faith and trust, and you will learn and grow from her special insights on character and maturity from God's Word. Develop a life of worship, surrender, and patience as you deepen your relationship with God and become more like Jesus.

Mentoring:

Mentoring-Women Shepherding Women:

Could you benefit from godly counsel and encouragement? Would you love to have the opportunity for one-on-one sharing, biblical support, and prayer? Do you need the wisdom of a more seasoned Christian woman, perhaps guidance as a wife or mother, or a time of great testing such as cancer therapy? Meet one-on-one with a woman of Christian maturity as a mentor for guidance and encouragement as you work through a study chosen specifically for you. Meeting times are scheduled when convenient for you and your mentor. For more information contact Martha Navara at 651-578-6600 or Peggy Poppe at 651-702-9684.



Ministry Teams

Women's Winter Retreat: Winter, 2012

We are excited to have the Coordinators for the Women's Winter retreat already bringing ideas and plans together for a winter women's retreat! Many hands are needed to work together in various ways of planning for this event. We welcome you to participate with the Planning Team as it is formed. Contact Lori Robey at 651-757-4172 or lorirobey@newlife4u.org.

Seasons of Life:

Women of all ages are invited to participate. You may chose to attend all of the events, or those which hold a special interest for you. It is a wonderful opportunity to meet others and start new friendships. Watch for dates and special events. If you would like to participate in preparing for these events, please contact Judy LaFollette at 651-769-0475 or mjlafo@comcast.net.

Sewing Ministry:

The Sewing Ministry Team meets at various times at the home of one of the coordinators to work on a sewing project as an outreach ministry. They will be assembling walker bags for the elderly or sleep sacks for newborn babies to be distributed to the nursing home and hospitals. If you have an interest in helping, contact Cherie Finley (651/731-9564) for details on the next meeting time and what to bring with you.



Celebrate the Gift:

December 5

Participate with
the Planning
Team!



Planning has begun for our annual Christmas Event, Celebrate the Gift! We will be blessed by a testimony from Patti Wiens as our special speaker that evening. We are looking for several women to join the planning team, and welcome you to participate! Many various gifts and skills are needed as we work together to make this event special.

- **Decorating** - transform the tables & stage to a beautiful Winter Wonderland - ladies are needed for advance projects and helping on the day of the event. Creative hands are needed for crafting nights for centerpieces, favors and invitations.
- **Music/Program** - beautiful music and festive stories prepare the way for the message to be shared. Bring your ideas to the team!
- **Refreshments/Dessert & Serving** - a delicious dessert is served, and volunteers are needed to help pick up pretty plates and other supplies.
- **Promotions/Tickets** - invitations, programs and posters help others know about the event. Meet other ladies at the ticket table while helping with ticket sales.

As the teams meet, friendships form, and the time together is enjoyed. For more information contact Lori Robey at 651-757-4172.